



● Mountain View Counseling offers a variety of therapies. Out-patient treatment plans focus on assisting the individual to gain a stronger sense of psychological balance in his/her life. The ultimate

goal of therapy is unique to each individual, and therefore the client is encouraged to be an active participant in the development of his/her treatment goals.

● Psychological assessments are used to clarify the client's immediate and long term needs. Testing will identify a client's cognitive strengths, limitations, and targets for educational or psychological interventions.

● School based or court ordered services can be provided as part of a comprehensive treatment plan.



Mountain View Counseling

603-863-1260

FAX: 603-863-0750

P.O. Box 25 • 138 Elm Street

Newport, New Hampshire 03773



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Mountain View Counseling

■ Therapy

- Family
- Individual
- Group
- Couples

■ Substance Abuse

- Assessment
- Treatment

■ Testing

- Psychological
- Neuropsychological
- Educational

■ School & Court Ordered Services

■ Community Workshops

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Our Mission

To provide diagnostic testing and therapy for children, adults, couples and their families.



Mountain View Counseling

Upon an initial evaluation, Mountain View counselors will develop a treatment plan. Our goal will be to address and relieve the client's symptoms by interventions targeted toward the client's needs.

We are invested in our client's well being, and we believe that the client should be a partner in his/her treatment.

Contact Us

603-863-1260

- Mountain View Counseling is located at 138 Elm Street in Newport, New Hampshire. Parking is located across the street at 135 Elm Street.
- We are responsive to your needs and will make every effort to have you seen by a therapist within 5-7 business days.
- Mountain View Counselors are licensed professionals. We accept Medicaid, most insurance and self-pay.



● **Community Workshops** are informational sessions with specific topics geared toward family support. Come meet our staff and learn more about the services we provide.